

First and Ten

Volume 5 Issue 5

May 2011



Rules Rules Rules

Rule Changes for 2011

Explained

Rule applications study
questions suggested

Answers

World Championship
Canadian officials
announced and more





Table of Contents

First and Ten Mandate	3
What's the Rule? editor Ron Hallock	4
2011 Tackle Football Rule Changes Explained – Football Canada/Walter Berry	5
2011 Tackle Football Rule Changes Questions answered Walter Berry	7
Football Canada News	8
World Championship Officials Announced	10
New Rule Book location on Football Canada Website	10
Rule application suggested answers	11
Goal Setting Kevin Horton EOTFOA	18
Reasons to Exercise –Sara Hutniak	19
Sports Officials Canada	21
Hamilton FOA new website	22
CFOA Executive list	23
Football Canada	24

Working for the development of officiating and football in Canada in cooperation with



First and Ten Mandate

The intention of First and Ten is to keep the CFOA membership informed of the activities of the CFOA and its member associations. It is hoped that the First and Ten will be published on a quarterly basis.

The CFOA is hoping to encourage communication between its member associations through this communication by presenting information in the following areas:

Recruitment and Retention

Training and Development

-Positioning and Mechanics

Rulebook

-Changes/requests for rule

changes

-Rule Study–You Make the Call

-Rule interpretations

Canadian Leagues

-Up dates and information on the: CFL, CIS, CJFL

L'objectif du "First and Ten" est garder les membres du ACAF (Association Canadienne des Arbitres de Football) et les associations d'arbitres, des différentes activités au sein de l'ACAF. Notre objectif est de publier le "First and Ten" à tous les trois mois.

L'ACAF, a pour objectif d'encourager les communications entre les membres des différentes associations d'arbitres en leurs présentant des mises à jour sur les sujets suivants.

Recrutement et Rétention d'arbitres de football

Développement et Formation

- Positionnement et Mécaniques

Règles

- Études des règles– "You Make the Call"

- Interprétation des règles

- Changements et demandes de changements

Ligues Canadiennes

-Mises à jour des informations de la LCF– CIS - LCFJ

Reconnaissance d'accomplissements par des arbitres de football

La version française du "First and Ten" va suivre chaque version anglaise. Ron Paluzzi, Vice président responsable de la traduction, sera responsable de s'assurer que chaque communiqué soit disponible en français dans les plus brefs délais. D'ici là, je demande à tous



Ron Hallock First and Ten Editor

First and Ten in its last issue provided an article which identified a workout regiment as being the EOTFOA's, when in fact it was simply a link to an Association in Northern California. The editor offers sincere apologies for this misrepresentation to both the EOTFOA and the officials association in California for any inconvenience this has caused.

The aim of the First and Ten is to attempt to provide articles of interest for all aspects of officials development—be it physical, mechanics or rules in nature. The First and Ten will endeavour to follow the appropriate protocol when presenting material from all FOAs

Kevin Horton, EOTFOA president, has provided an article on an approach to goal setting for your up and coming season

Our fitness expert Sara Hutniak gives us reasons to exercise

Check out the Rules Study Questions on Rules applications suggested answers.

Also featured in this issue is Football Canada News about Richard Munro COO and the Canadian officials selected to the 2011 World Championship in Austria.

New Rule Changes Explained



Football Canada Rules Editor and Interpreter **Walter Berry** APAFQ

Yes it is that time again the 2011 rule changes have been released. We at Football Canada have also prepared a power point presentation for you to use to explain to your members these changes.

You can find both the rule changes and power point presentations on the Football Canada and the CFOA websites.

Now a little on this year's changes

Rule 1 Section 8 Article 1: Paragraph H has been re-added as it was dropped in the last update of the rule book by error.

Rule 1 Section 8 Article 1: Paragraph I have been added to cover the ball carrier falling on top of another player on the ground note the exception has been changed to the close line play area to be more in line with the intent of the change. However the close line play area here is more loosely defined and if a team has tight ends then they become part of this are for this application.

Rule 1 Section 10 Article 8: PLS has been added to the team B application of this penalty as it was dropped in error at reprint of book last year.

A new paragraph has been added to cover the situation where a player has gone out of bounds and returns to cover or touch the loose ball. Possession will go to the other team at that point. Please note that the term loose ball in this rule referrers to a ball that is in neither teams possession. The reason behind this change is to eliminate the fact we would need to if he gain possession of the give his team possession back 10 yards for illegal participation, it does not make sense to award possession of the ball to a player whom is on the field illegally.

Rule 1 section 11 Article 1 c: The changes here are to include it be necessary to have back plates and rib protectors covered.

An exception to this rule is for players wearing the snap in type soft pad hip and tail pad system, as these pads will show above the waist line and do not get covered once the shirt is tucked in. However this pad is made of soft foam and it not deemed to be dangerous.

Rule 1 section 11 Article 2 a: The recommendation that the helmet be approved has been removed and ONLY approved helmets can be use. Safety factor.

Rule 2 section 2 Article 1:

New Paragraph added to field Officials responsibilities the reason is that of safety and the continued concerns regarding concussion in all sports.

Rule 4 Section 2 Article 2:

This change is to remove the snap down from our game as we all know the only reason behind this movement is to hopefully draw the defense offside.

If Team A snap down Officials are to blow the play dead, throw flag and penalize Team 5 yards for illegal tactics

RULE CLARIFICATION QUESTION

Please provide a ruling for applying penalty for Time Count Violation in overtime

If we look at Rule 4 Section 2 Article 4 TIME COUNT

We find that Time count is a five yard penalty except after the 3 minute warning signal in any half (meaning 2nd or 4th quarter)

Since overtime is not part of this exception, a Time Count penalty would remain a five yard penalty, to be applied at PLS down repeated.

New Rule Changes Inquiries



Football Canada Rules Editor and Interpreter **Walter Berry** APAFQ

Recently Walter was asked how the Snap down rule should be applied

To answer our question regarding snap down

Yes it is now illegal to snap down

The reason behind and the words to draw the opponent off side is at the rule committee meeting it was felt that some of the younger children playing the game may not have fully developed going in a stance and their movements clearly not being done to draw the defense offside would be penalized. So the changed to the rule was worded to enable officials to use their better judgment at the younger levels. (this at times is one of the problems as the rule book is for players 6 -25)

That being said I believe we all know what a snap down looks like and this action is to be whistled dead flagged and Team A penalized for illegal tactics (5 yards)

I am sure that if we all go out the and whistle the play dead as it should be the snap down problem will not exist after a couple of weeks.



Check out Rouge radio every Tuesday on their website

New Rule Changes Inquiries



Football Canada Rules Editor and Interpreter **Walter Berry** APAFQ

Questions that have been asked based on the rule changes

1. If play is stopped and an official reports to the Referee that he suspects that a player has a concussion.
-the Referee and another official go to the head coach(trainer???) to report this fact. Should they take the player to the coach? Is the player required to sit out a play?

2. Player OB touches the ball on the field of play case book change states the ball is considered dead at that point. Rule change states only LB at that point. Confusion from casebook ruling is is the play stopped when ball touched by OB player or does the play continue and non offending is guaranteed the ball at that spot or the play if they for example score a TD if the play was allowed to complete itself

To answer your questions

1- You do not need to bring the player with you but the player needs to be reviewed by the coach or training. If this review will require a lot of time then player is to be replaced and game continued. Officials need to use common senses here remember this rule is for the safety of the player.

2- Yes the play is dead at that point as the ball is ruled as being out of bounds. With the Ball belonging to the other team 1st and ten as stated in both the rule and the updated case (see below)

Hope this answers your questions. Tks Walter



July 8 to July 16, 2011.

Football Canada News



Football Canada has announced that CFOA two officials have been selected to officiate in the 2011 world Championship in Austria.

The officials selected are Shawn Kerr, Calgary FOA , and Barclay Easton, Eastern Ontario FOA. These officials have been placed in the /Group A pool and will officiate round robin games involving USA, Germany, Mexico, and Australia. Barclay and Shawn are on a crew with four Japanese officials and one French official. Barclay will work games as a Field Judge and Shawn has been assigned as a Back Judge.

Meet the Officials

Shawn Kerr

Currently the President of the Calgary FOA and a member of the CFOA web committee. Shawn has experience at the CIS and CJFL levels. Playoff experience includes :CIS hardy Cup 2008, CJFL Canadian bowl 2006 and 2010 . Sean has also had four and a half years CFL experience at wing and deep (2005 -2008).

Barclay Easton

Currently the web designer for the Eastern Ontario Tackle FOA, Barclay has also served as President, secretary and assignor. Barclay has officiated in the American based Empire Football league and Ottawa High School vs USA games.. His play off experiences include the 100th Yates Cup game, National Junior Semi final (referee) several Junior playoff games Senior OVFL final(Hamilton) Junior OVFL

final(Ottawa) OFSA Bowl game. Barclay has also worked seven games at the CFL level.

Congratulations from the CFOA membership are extended to these officials on this prestigious appointment

Richard Munro Leaves Football Canada

At this publication it has been learned that Richard Munro has left Football Canada as its COO

New Location Electronic Version of 2010-2011 Tackle Football Rule Book

<http://www.footballcanada.com/Officials/Rules/tabid/134/language/en-CA/Default.aspx>

Select Officials then scroll down to Rules and click

The image shows a screenshot of the Football Canada website. The top navigation bar includes links for Home, About Us, News, International, Domestic, Players, Coaches, Officials, Resources, and Forums. The 'Officials' menu is open, showing options for Officials news, Training, and Rules. Below the navigation bar, there is a banner for Investors Group and a section for 'X FOOTBALL CANADA NATIONAL TEAM KICK-OFF'. The main content area displays the 'Tackle Rule Book' for 2010-2011, which is 'The Canadian Amateur Rule Book for Tackle Football'. Below this, there is a section for the 'Flag Rule Book', which is 'The Canadian Rule Book for Flag Football'. A link for 'FLAG RULE BOOK (PDF)' is visible next to the flag rule book cover.

2011 CFOA Rules Exam Study Questions Rule Applications

Suggested answers

#	Game Situation (2011 CFOA practice)	Rule
1.	<p>Team A linemen tries to give the runner an assist by pushing, pulling or lifting him to increase his forward progress</p> <p>Ruling: 1,2 D L5 3D L5 DR, DNG LB PBD</p>	4-6-3
2.	<p>Team A 2ndD 5 @ A's 30. A1 throws a forward pass well downfield.</p> <p>While the pass is in flight, guard A56 is blocking B3 makes in initial contact with B at team A's:</p> <p>(i)30 yard line,</p> <p>(ii) 35 yard line,</p> <p>Ruling: 1,2,3,D L10 PLS DR</p>	<p>6-4-9 a</p> <p>6-4-5 b</p>
3.	<p>Team A 3rd D 6 @ B16. Team A is in field goal formation from the B23. A50's snap is high and deflects off holder A10's hands and bounds into the air. Kicker A11 bats the ball while it is still airborne, into the hands of holder A10 at the B21. A10 runs to the B9 where he is knocked out of bounds.</p> <p>Ruling:</p> <p>Legal play Team A 1D 10 B9</p>	6-3-5(4)

4.	<p>Team A kickoff from the A45 and the ball goes OB in the air at the B20</p> <p>Ruling:</p> <p>-15 KO repeated</p> <p>-Possession at OB point</p> <p>-possession 25 yds in advance of kickoff point</p>	5-2-3b
5.	<p>Team A 2nd D6@A 29, Team A receiver goes out for a pass. The pass is tipped by a defensive lineman as it crosses the line of scrimmage. A Team B defensive back pushes the Team A receiver to the turf, intercepting the pass at the Team B 38-yard line and returning it to the end zone.</p> <p>Ruling: if ball touched by B across the LS legal play.</p>	6-4-9b
6.	<p>Team A 2nd D 12 @ A32. QB A12, at the snap, ran out of the pocket and scrambles back and forth across the field and was downed at the A37. A88, the wide receiver positioned 10 yards outside the CLPA, moves downfield and then returns toward the neutral zone. A88 then blocks B45 in the neutral zone and below the waist toward the ball</p> <p>Ruling: Crack back block. UR L15 apply at PLS DR or apply at PBD downs continue</p>	7-3-10
7.	<p>Team A 2nd D7 @ B43. QB A10, scrambling in an attempt to find an open receiver, completes a pass to A82 at the B20. When QB A10 released the ball his rear foot was at the B42. A60 is flagged for holding behind the line of scrimmage. Time expired in the 1st half.</p> <p>Ruling:Decline penalty allow play to stand half over.</p> <p>Accept penalty (L10)A repeat down 1 play A@D 17 @B53</p>	1=5=6 and b

8.	<p>Team A 2nd D25 @ A25. A32 receives a handoff at the A20 where B95 immediately grabs and twists A32's face mask, causing him to fumble the ball. A88 recovers the fumble at the A22 and runs to the A43 where he is tackled.</p> <p>Ruling:</p> <p>UR apply @ PLS DR o apply PBD downs continue A1D 10@ B52</p>	8-5-2
9.	<p>Team A's 3rd 16 @ A 44. Team B defensive end blocks the kick and roughs the kicker. The kick does not cross the neutral zone. Team B defensive tackle bats the ball forward from A's 32 where the defensive end picks up the ball on A's 26 and advances to A's 20 where he pitches the ball forward to a teammate who advances across the Team A goal line. Ruling:</p> <p>Rough play on kicker is 25 yd disqualification of player penalty. Team Accepts Team A ball 1D B41</p>	<p>7-2-1 penalty 5-3-1 blocked kick 6-3-5-4 6-3-3</p>
10.	<p>Team A 3rd D4 @ A50 and the clock is running. B60 anticipating the snap charges into the Team A center, A50, prior to the snap making contact. Team A guard, A61, retaliates by committing a UR foul on B60.</p> <p>Ruling: Dual foul B UR on centre, A UR repeat #D balance fouls. First down does not apply for dual DR</p>	<p>8-6</p> <p>8-6- 2e</p>
11.	<p>Team A 2nd D 4 @ B45. With 1:55 remaining in the 4th quarter and Team A trailing 21-20, A12 throws a pass that is intercepted by B21 at the B-35. B21 returns to midfield where he runs out of bounds and tosses the ball to A15 who had pursued him. B66 was offside at the snap.</p> <p>Ruling: Team B offside followed by Team B dead ball foul for Objectionable conduct</p> <p>Team A option choose Team B offside advance ball</p>	8-5-11

	5yards then apply OC advance 10 yards A 1st D 10 Or decline the offside apply OC at PBD B1st D 10 at B45	
12.	<p>Team A's 20 1st D 10 at A20yardline. A8 blocks defensive tackle B6. The impact knocks B6 backwards. A8 then turns to his left and blocks B1. While B6 is no longer contacting A8, he is blocked below the knees by A4.</p> <p>Ruling:</p> <p>Legal block does not meet requirements of the definition</p>	7-3-11
13.	<p>Team A 2nd D 10 from team A's 33 yard line. While right guard A8 is blocking defensive tackle B6 above the waist at team A's 35 yard line, left guard A10 pulls and joins A8 in a double-team. A10 blocks B6 at the knees</p> <p>Ruling:</p> <p>Delay Knee blocker 15 yd @PLS DR or PBD D continue</p>	7-3-11
14.	<p>Team A 1st D 10 from team A's 20 yard line. A8 blocks defensive tackle B6. The impact knocks B6 backwards. A8 then turns to his left and blocks B1. While B6 is no longer contacting A8, he is blocked below the knees by A4. A4's block takes place outside the close line play zone.</p> <p>Ruling:</p> <p>Team B accept penalty Team A 1st D 20 @A10</p>	4-5-1 c, e

15.	<p>Team A 1stD goal @ B7. A21 runs to B3 where he is tackled by the facemask by B54 and fumbles the ball into the end zone. To keep player B31 from recovering the ball, A 71 grabs B31 by the leg, and then accidentally contacts the ball with his foot, causing it to roll out of the end zone</p> <p>Ruling:</p> <p>Team B facemask (15 Yards) Team A illegal interference (10 yards) Dual foul restricted</p> <p>If both accepted apply B foul at B3and balance with A foul 15-10=5 and advance restricted A 1stD @B1 ½</p>	<p>9-3-1a 1-10-6B</p>
16.	<p>Team A 1stD 10 @ A15. QB A1 drops back into the end zone to throw a pass and he is pressured in the pocket. A1 throws an incomplete forward pass to an unoccupied location beyond the line of scrimmage. After the play, B66 hits A72 and knocks him to the ground.</p> <p>Ruling:</p> <p>Team b awarded safety touch. Team A will KO from Team A 50 (35 +15) or Team B scrimmage or kick off from the B 20</p>	<p>6-4-8b 8-5-11</p>
17.	<p>Team A 2ndD/11 @ A34. QB A11 drops back to throw a pass and receiver A87, trying to get off of the line, is held by DB B31. After A87 gets open, the incomplete pass is thrown to A87 and he is interfered with by B31. The BJ goes to the SJ to let him know the that the ball was uncatchable.</p> <p>Ruling: illegal contact by B. Pass interference is disregarded</p>	<p>6-4-10a note 1 6-4-10 b</p>

18.	<p>Team A 2ndD 20 @ A3. QB A12 tosses a lateral pass to A34 in his end zone but A34 muffs the ball up into the air. The ball has still not hit the ground when B79 bats it and it rolls OB over the end zone side line.</p> <p>Ruling:</p> <p>2points Team B</p>	<p>1-10-7a</p>
19.	<p>Team A 3rdD14 @ A/6. While in punt formation, A50's snap to punter A14 hits blocking back A44 and rolls forward. B55 bats the ball backwards from the A2 and the ball hits B66 on the foot at the A-3 and rolls into the end zone. A4 picks up the ball and punts the ball as he is being hit. The ball hits on the A-16 and bounds back into and out of A's end zone.</p> <p>Ruling: Team B safety touch ball in Team A as a result of Team A. Team B had directed not kicked ball initially into Team A end zone. Team A responsible for ball in the end zon</p>	<p>6-1</p> <p>3-2-3</p>
20.	<p>Team A 2nd D 8 @ A42. A35 is tackled on a running play at the A48. A72 holds linebacker B55 at the A46.</p> <p>Ruling:</p> <p>Option to Team B accept penalty Team A 2nd 18 @52 or decline TeamA3rd D 2 @ A48</p>	<p>8-2-2</p>
21.	<p>Team A 3rd DG @ B3. A32 runs the ball to the B2 where he fumbles. The ball rolls into the end zone where it is simultaneously recovered by A24 and B42.</p> <p>Ruling: TD Ball goes to team last in possession</p>	<p>1-6-3</p>
22.	<p>Team A 2nd D 10 @ 50. Time expires during the play for the 2nd quarter. A80 receives a pass at the B40. While running toward the end zone, he taunts B 40 at the 15 yard line and is tackled at the B 3 yard line.</p> <p>Ruling: can decline penalty and end half</p>	<p>1-6-6</p>

23.	<p>Team A 2nd D3 @ B20. A13's pass is intercepted by B20 at the B3 and his momentum carries him into his end zone where he is downed. During the pass, A67 held B78 and then grabbed his face mask. After the play, B78 shoves A67 in the face with the butt of his hand.</p> <p>Ruling: interception awards Team B ball no point B ball at B20</p> <p>UR facemask apply at B20 UR balance with BUR.</p> <p>Team B 1D@B20</p>	6-11-c4
24.	<p>Team A 3rd 17 @ A5. As time expires in 4th quarter, A13 punts the ball from his own EZ and A52 illegally touches the punt at the A30. While the ball is loose following the illegal touching, the SJ blows an inadvertent whistle with no time on the game clock.</p> <p>Ruling: Team A no yards 5 or 15 yd loss Team B D and 1 play</p>	1-8-1 note 4(3) (14)(15)
25.	<p>Team a 3rd D 5 @ B12. With 8:45 to go in the 4th quarter, Team A trails Team B 21-17. Team A is in field goal formation. At the snap, defensive back B20 runs forward from the B5 yard line and leaps to block the Team A field goal attempt. The kick is good. B20 lands on top of center A50</p> <p>Ruling:L15 PLS PBD AFD</p> <p>Team A accept FG or decline FG /Team A1D@B1 unrestricted</p>	7-3-12

Goal Setting



Send in by Kevin Horton President EOTFOA

Traditionally, when Officials talk about goal setting it relates to the on-field goals that an official sets for themselves. Those goals are generally expressed as wanting to work a certain level of ball – Junior, Bantam, or Senior High School, for example- or a desire to work a specific position on the field – to Referee a High School final or work deep on an OVFL playoff game.

As senior officials and the assignor of your association will tell you, whether they are goals for the current season or over the next few seasons, these are great benchmarks to set and work towards. Goal setting is also recognized as a tool to maintain individual momentum throughout a season or to put a season in perspective.

But what about setting goals on the earnings you expect to generate in a season? Everyone advocates that you should not be an official solely for the fiscal incentives due to the fact that you will quickly lose the reason you started officiating; enjoyment of the game, working with kids and the fraternity of officiating.

This said, there is another way of viewing financial goals that could be utilized to help keep your life outside of football in sync with your officiating goals. On every weekend throughout the football season, we are all torn between making time for our families and to officiate games. My proposition is this: why not include family goals as part of your football officiating goals?

Before the season starts set some reasonable family goals – for example I want to: spend \$1000 on gifts for my family during the holiday season, spend \$1500 on the family vacation next summer or contribute \$2300 to my daughter's honeymoon. If these types of goals and rewards are discussed and verbally committed by you, your spouse or maybe with the entire family buying in, officiating football games

can quickly become a family goal and not just an individual commitment that takes one out of and away from the house.

Think about incorporating family financial goals into your next season goals and you may receive more support and family involvement in your officiating endeavors as you depart for Saturday or Sunday doubleheader.

START PLANNING TO ATTEND THE CFOA CONFERENCE AND GENERAL MEETING

QUEBEC CITY



The next CFOA conference will be the long weekend in May 2012



Sara Hutniak



Email: sara@sweatmarks.com

Reasons To Exercise

Let's face it, some days you just don't feel like exercising.

You get too busy, too stressed and quite simply too tired.

Here's a list of 13 of the top reasons to exercise. Pull out this list and read it when you're having one of those days.

1. To Prevent Disease

Exercise has been proven to reduce the risk of just about every single health problem known to man, from stroke to heart disease to cancer and osteoporosis. Exercise is also a great defense against type 2 diabetes, which is one of the most widely growing diseases of our time.

2. To Look Great

Exercise firms your body, improves posture and even makes your skin glow. Looking your best is a wonderful result of regular exercise.

3. To Lose Weight and Keep It Off

Exercise burns fat and prevents future fat storage. If you want to have a thinner, healthier body, exercise is the answer.

4. To Have More Energy

Anyone who exercises regularly will tell you that they are more energetic, less easily irritated and are more peaceful.

5. To Sleep Better

Exercise boosts energy levels, but also wears you out. It makes you feel more vibrant during the day and sleep better at night.

6. To Age Slower

Exercise is one of the most effective ways to fight aging. When you age your body loses muscle and bone, while the loss of both are drastically reduced with regular exercise. Exercise also helps reduce inflammation.

7. To Relieve Back Pain

In most cases, the best thing that you can do for back pain is to move and strengthen those muscles. Consult your physician or physical therapist for guidance.

8. To Ease Depression

Exercise has been proven to reduce depression – sometimes even as effectively as medication. Just chalk this up as yet another amazing benefit to exercise.

9. To Reduce Aches and Pains

By strengthening muscles around your damaged joints you're able to use exercise to reduce joint pain and overall aches. Always consult your physician before starting an exercise program, especially if you have chronic joint pain.

10. To Stay Mentally Sharp

Exercise has been shown to improve memory and other cognitive

functions, and seems to have a protective effect against dementia. A Harvard University researcher called exercise "Miracle-Gro for the brain."

11. To Enjoy Your Lifestyle

Whatever it is that you love in life – your kids, travel, sports, fashion - it is all more enjoyable when experienced in a fit and healthy body. Exercise so that you are able to enjoy all the great things in life.

12. To Reduce Sick Days

People who exercise regularly are 50% less likely to call in sick to work. A regular exercise program reduces colds and upper respiratory infections.

13. To Boost Confidence

Being fit, feeling healthy and having energy are all building blocks to having great confidence. There is no better confidence booster than sticking with a regular exercise program.

Regular exercise gives you so many amazing benefits, as you've seen from the above list. Call or email me today to get started on the exercise program that will change your life forever.

An Attitude of Gratitude

If you want a happier life then learn to appreciate yourself and others. An attitude of gratitude transcends every aspect of your life, making it brighter and richer. You'll even learn to enjoy the time you spend exercising.



Denise Pittuck Executive Director Sports Officials Canada

I am pleased to announce a new independent i Partner agreement with Park 'N Fly. Our previous association with them was through our partnership with Budget Car Rentals.

The new agreement provides an exclusive code for SOC iMembers to use at all Park 'N Fly lots across Canada to access a 15% discount. Your Exclusive iMembership promotion code is: 335241

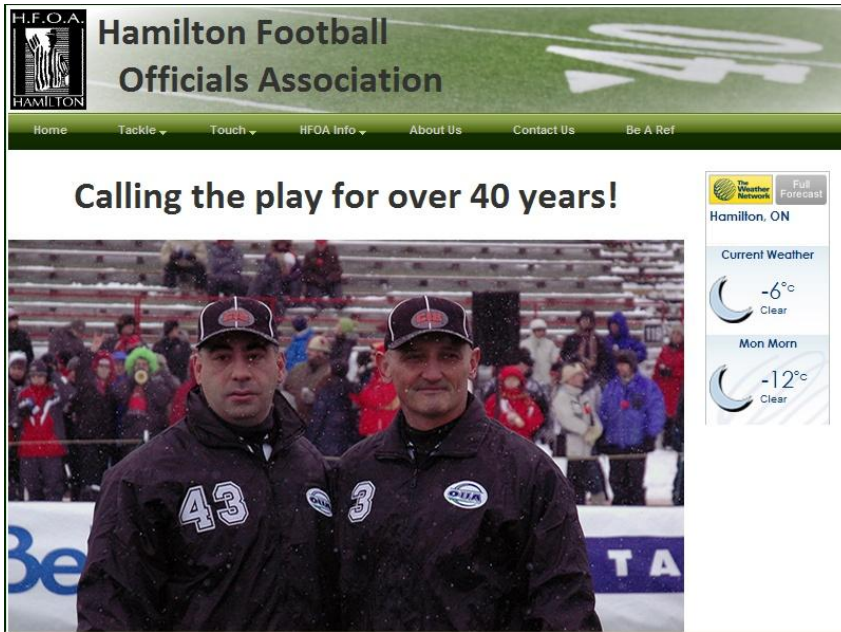
Reminders:

- Nominations are now being accepted for the 2011 SOC / Fox 40 Awards. If you know of someone in your sport who is deserving of a nomination, contact your NSO and have them make a submission. The deadline is coming up - MAY 13, 2011. Details can be found on the website www.sportsofficials.ca
- Are you a member of a PSO, Municipal Sports Council or Club? Tell them about the great new SOC — PSO/MSC/Club Associate Membership. Details are on the website.
- Don't forget to enter the APRIL Rules of the Game Contest. Just like Revenue Canada we will give you until midnight Monday (May 2) to enter.
- The Stanley Cup Playoffs are in full swing. Check back on Tuesday May 3rd for the new May Rules question.
- While you're at the site PLEASE join us on FACEBOOK. It just takes a second! Remember it' our 10th Anniversary and we want to sign up as many officials as possible. <http://www.facebook.com/SportsOfficialsCanada>

Some things to watch for:

- Announcements for the 2011 Conference. Don't miss the Early bird Rates!
- A very SPECIAL Event Announcement
- Watch for the New Updated SOC I Membership Card

CFOA News



**Hamilton
FOA
announces
new website**

**Welcome to our new
website!**

Some pages are still
under construction.
Please check back later
for updates.



CFOA EXECUTIVE

Mike Groleau	President	mgroleau@cogeco.ca
Dennis Abbot	Vp Recruitment & Retention	Lindsay@legacygroup.ca
Ron Hallock	Vp Training & Development	rhallock@shaw.ca
John Brenton	Vp Communication	johnbrenton@hotmail.com
Ron Paluzzi	Vp Finance	Rpaluzzi@3macs.com

Provincial Representatives

Province	Representative	email	Province	Representative	email
Nova Scotia	Barry DeBaie	barcar@eastlink.ca	Manitoba	Adam Paradowski	akparadowski@gmail.com
New Brunswick	Allison Gates	abgates@nb.sympatico.ca	Saskatchewan	Murray Taylor	mtaylor@sasktel.net
Prince Edward Island	Robert St. Pierre	stpierre@pei.eastlink.ca	Alberta	Gord Unger	gord.unger@gge.com
Quebec	Walter Barry	WALTER.BERRY@APAFQ.CA	British Columbia	Bruce Hackshaw	
Ontario	Murray Taylor	foapres@mhte.ca	Nfld	open	

Web Committee

Dean McNeill	mcneill@ee.umanitoba.ca	Jason Maggio	maggio@haltronrc.edu.on.ca
Shawn Kerr	shawn.kerr@shaw.ca	Ron Paluzzi	Rpaluzzi@3macs.com
George Montani	georgem@power.ca	Mike Szcurek	mike@szczur.com
Bill Pickerell	billpickrell@rogers.com		

Constitution Committee

Bill Pickerell billpickrell@rogers.com



Football Canada

100 – 2255, boul. St. Laurent Ottawa, ON K1G 4K3

Telephone : 613-564-0003 Fax: 613-564-6309

info@footballcanada.com

<p>Christine Piche Administrative assistant: Ordering manuals and general inquiries admin@footballcanada.com ext: 221</p>	<p>Shannon Donovan Operations Coordinator: Events, competitions, officials operations@footballcanada.com ext: 225</p>
<p>Chief Operating Officer : Development of sponsorship and marketing coo@footballcanada.com ext: 222</p>	<p>Cheryl Mason Non-Contact Coordinator: Flag, Touch, NFL Flag League, World Flag Championships noncontact@footballcanada.com ext: 226</p>
<p>Bob Swan LTAD and NCCP Project Leader: Development of long term athlete development and national coaching certification programs business@footballcanada.com ext: 223</p>	<p>Sue Hawley Finance Coordinator: Finance and billing inquiries finance@footballcanada.com ext: 228</p>
<p>Rick Sowieta Director of Sport: National teams, Technical and NCCP hp@footballcanada.com ext: 224</p>	<p>Paul Stoddart Member Services Coordinator: Communications, Web Site, insurance, events communications@footballcanada.com ext: 229</p>
<p>Josh Sacobie Technical Coordinator: JPD, 6-A-Side, Flag Football, Aboriginal programs, NCCP development@footballcanada.com ext: 227</p>	<p>Roger Collette Football Canada President rogcol@nbnet.nb.ca</p>