

**Hamilton Football Officials Association**

**Timing for 2009**

<b>H.W.D.S.B</b>	<b>H.W.R.C.S.S.B.</b>
<p>12 minute quarters straight time</p> <p>Stops</p> <ul style="list-style-type: none"> <li>• Every play last 2 minutes of ½</li> <li>• All scores</li> <li>• Injuries</li> <li>• Time outs – 2/half</li> <li>• Mass substitutions</li> <li>• Penalties</li> <li>• Out of Bounds</li> <li>• Long Incompletions</li> <li>• 3 downs – Sr</li> <li>• 3 downs – Jr Spring</li> </ul> <p>10 minute halftime overtime for regular season games</p>	<p>12 minute quarters straight time</p> <p>Stops</p> <ul style="list-style-type: none"> <li>• Every play last 3 minutes of ½</li> <li>• All scores</li> <li>• Injuries</li> <li>• Time outs – 2/half</li> <li>• Mass substitutions</li> <li>• Penalties</li> <li>• Out of Bounds</li> <li>• Long Incompletions</li> <li>• 3 Downs Sr</li> <li>• 4 Downs Jr</li> </ul> <p>10 minute halftime overtime for regular season games</p>

<b>Zone 2</b>	<b>H.M.F.A.</b>
<p>12 minute quarters straight time</p> <p>Stops</p> <ul style="list-style-type: none"> <li>• Every play last 3 minutes of ½</li> <li>• All scores</li> <li>• Injuries</li> <li>• Time outs – 2/half</li> <li>• Mass substitutions</li> <li>• Penalties</li> <li>• Long Incompletions</li> <li>• Out of Bounds</li> <li>• 3 Downs</li> </ul> <p>10 minute halftime overtime for regular season games (2 mini games maximum)</p>	<p>12 minute quarters straight time</p> <p>Stops</p> <ul style="list-style-type: none"> <li>• Every play last 2 minutes of ½</li> <li>• Touchdowns</li> <li>• Injuries</li> <li>• Time outs – 3/half</li> <li>• 4 Downs</li> </ul> <p>10 minute halftime Overtime – Check with Timer</p> <p align="center"><b>COMFL</b></p> <p>12 Minutes Quarters by the book</p>

**Contact Numbers**

Chris Newman - 905.317.5682 (cell)  
 Joanne Condello - 905.537.0224 (cell)  
 EMS (high school) - 905.667.4807 (office)  
 Premier Sports Therapy (minor)  
 Jenn Abbiss - 519- 722-3765

## HWRCSSB Head Coaches List

School	Junior	Senior
St. Thomas More	Peter Luvisa	Claudio Silvestri
Brebeuf	Jeff McCrady	Steve Alfano
Bishop Ryan	Aldo D'Intino	Tony Tassone
Cathedral	Charlie Giudice	Paul Barrett
St. Mary's	Gian DiPaulo	Mark Valvasori
Cardinal Newman	Anthony Macaluso	Gord Chiarot
Bishop Tonnos	Sean McPhee	Rob Menna

## HWIAC Head Coaches List

School	Senior
Highland	Mike Sampson
Westdale	Dave Walters
Ancaster	Tim Page
Waterdown	Larry Timms
Glendale	Dave Cheeseman
Hill Park	Steve Redmond
Barton	Doug Holmes
Westmount	Rob Tornifoglia
McNab	Paul Cooke
Saltfleet	Cory Kuepfer
Orchard Park	Ang Morreale
MacDonald	Jeff Kott
Delta	Bob Sandhar
Churchill	George Knill
Parkside	Mike Gale
Sherwood	Paul Woods

## Zone 2 Head Coaches List

School	Senior
Caledonia	Jason Pudwill
Hagersville	Mr. Purins/Mr. Hall
Cayuga	Mike Warbick